



2010

AUCKLAND WINTER CHAMPIONSHIPS (25m)

West Wave Aquatic Centre, Alderman Drive, Henderson

Thursday 22nd - Sunday 25th July 2010

Admission: \$2.00 per session Programmes: \$2.00 per session at door

Full day pass to include programmes for each session - \$9.00 per day

Season ticket (all sessions with programmes) \$20.00 Family concession - \$30.00 all sessions for two adults
Children 12 & under free entry Concessions available to pre-purchase from info@akswim.co.nz or at the door

MEET PROGRAMME

Session 1 Thursday 22 nd July 2010				Session 2 Friday 23 rd July 2010			
Warm-Up 5.00 – 5.45pm Start 6.00pm				Warm-Up 5.00 – 5.45pm Start 6.00pm			
Event	Age	Distance/Stroke	Sex	Event	Age	Distance/Stroke	Sex
1	Open/Youth	1500 Free	M	3	Open/Youth	50 Free	M
2	Open/Youth	800 Free	W	4	Open/Youth	50 Free	W
5	Open/Youth	50 Breast	M	9	Open/Youth	50 Back	M
6	Open/Youth	50 Breast	W	10	Open/Youth	50 Back	W
11	Open/Youth	50 Fly	M	7	Open/Youth	400 IM	M
12	Open/Youth	50 Fly	W	8	Open/Youth	400 IM	W
				Final 3B	Open/Youth	50 Free	M
				Final 3A	Open/Youth	50 Free	M
				Final 4B	Open/Youth	50 Free	W
				Final 4A	Open/Youth	50 Free	W
				Final 5B	Open/Youth	50 Breast	M
				Final 5A	Open/Youth	50 Breast	M
				Final 6B	Open/Youth	50 Breast	W
				Final 6A	Open/Youth	50 Breast	W
				Final 9B	Open/Youth	50 Back	M
				Final 9A	Open/Youth	50 Back	M
				Final 10B	Open/Youth	50 Back	W
				Final 10A	Open/Youth	50 Back	W
				Final 11B	Open/Youth	50 Fly	M
				Final 11A	Open/Youth	50 Fly	M
				Final 12B	Open/Youth	50 Fly	W
				Final 12A	Open/Youth	50 Fly	W



Session 3 & 4 Saturday 24th July 2010							
Session 3 Warm-Up 7.00 – 7.45am Start 8.00am				Session 4 Warm-Up 1.00 – 1.45pm Start 2.00pm			
<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>	<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>
13	Open/Youth	400 Free	M	19	Open/Youth	100 IM	M
14	Open/Youth	400 Free	W	20	Open/Youth	100 IM	W
15	Open/Youth	200 Back	M	21	Open/Youth	100 Free	M
16	Open/Youth	200 Back	W	22	Open/Youth	100 Free	W
17	Open/Youth	200 Fly	M				
18	Open/Youth	200 Fly	W				

FINALS Session 5 Saturday 24th July 2010			
Session 5 Warm-Up 5.00 – 5.45pm Start 6.00pm			
<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>
13A	Open	400 Free	M
14A	Open	400 Free	W
19B	Open	100 IM	M
19A	Open	100 IM	M
20B	Open	100 IM	W
20A	Open	100 IM	W
17A	Open	200 Fly	M
18A	Open	200 Fly	W
21B	Open	100 Free	M
21A	Open	100 Free	M
22B	Open	100 Free	W
22A	Open	100 Free	W
7A	Open	400 IM	M
8A	Open	400IM	W
15A	Open	200 Back	M
16A	Open	200 Back	W

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Session 6 & 7 Sunday 25th July 2010

Session 6 Warm-Up 7.00 – 7.45am Start 8.00am				Session 7 Warm-Up 1.00 – 1.45pm Start 2.00pm			
<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>	<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>
23	Open/Youth	200 Free	M	29	Open/Youth	100 Back	M
24	Open/Youth	200 Free	W	30	Open/Youth	100 Back	W
25	Open/Youth	200 Breast	M	31	Open/Youth	100 Breast	M
26	Open/Youth	200 Breast	W	32	Open/Youth	100 Breast	W
27	Open/Youth	200 IM	M	33	Open/Youth	100 Fly	M
28	Open/Youth	200 IM	W	34	Open/Youth	100 Fly	W

FINALS Session 8 Sunday 25th July 2010

Session 8 Warm-Up 5.00 – 5.45pm Start 6.00pm

<i>Event</i>	<i>Age</i>	<i>Distance/Stroke</i>	<i>Sex</i>
23B	Open	200 Free	M
23A	Open	200 Free	M
24B	Open	200 Free	W
24A	Open	200 Free	W
31B	Open	100 Breast	M
31A	Open	100 Breast	M
32B	Open	100 Breast	W
32A	Open	100 Breast	W
27A	Open	200 IM	M
28A	Open	200 IM	W
29B	Open	100 Back	M
29A	Open	100 Back	M
30B	Open	100 Back	W
30A	Open	100 Back	W
33B	Open	100 Fly	M
33A	Open	100 Fly	M
34B	Open	100 Fly	W
34A	Open	100 Fly	W
25A	Open	200 Breast	M
26A	Open	200 Breast	W

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SC QUALIFYING TIMES

2010 Auckland Winter Championships (25m)
Age as at 22nd July 2010

SC Male					SC Female			
17/O	15/16	13/14	12/U	Event	12/U	13/14	15/16	17/O
25.59	27.20	28.70	31.50	50 Free	32.28	30.50	30.73	30.82
55.59	58.58	1.03.77	1.09.82	100 Free	1.09.85	1.06.04	1.05.12	1.06.40
2.20.00	2.23.00	2.23.70	2.31.98	200 Free	2.30.69	2.25.20	2.23.09	2.32.20
4.58.00	5.02.00	5.11.00	5.25.00	400 Free	5.25.00	5.09.09	5.08.21	5.17.40
				800 Free	12.30.00	12.00.00	11.30.00	11.00.00
22.00.00	22.30.00	23.00.00	23.30.00	1500 Free				
35.40	33.50	34.20	37.18	50 Back	36.72	34.80	36.90	36.80
1.16.80	1.17.00	1.14.60	1.21.60	100 Back	1.18.85	1.13.50	1.20.00	1.19.80
2.43.60	2.44.00	2.45.00	2.48.16	200 Back	2.49.44	2.39.90	2.53.60	2.53.20
40.00	40.10	40.60	43.50	50 Breast	43.50	41.70	41.50	41.40
1.26.80	1.27.00	1.28.00	1.35.50	100 Breast	1.33.93	1.30.50	1.30.00	1.29.80
3.04.00	3.06.50	3.07.00	3.23.50	200 Breast	3.23.50	3.14.00	3.13.00	3.12.60
28.48	30.70	32.50	36.88	50 Fly	35.79	33.50	33.98	36.70
1.17.80	1.18.00	1.19.00	1.24.00	100 Fly	1.24.00	1.20.00	1.19.80	1.19.60
2.57.60	2.58.00	2.58.00	3.06.00	200 Fly	3.06.00	3.02.00	3.01.00	3.00.60
1.10.00	1.09.30	1.13.10	1.23.40	100 IM	1.21.20	1.18.00	1.16.50	1.17.00
2.46.60	2.39.07	2.36.24	2.56.05	200 IM	2.48.69	2.43.00	2.52.50	2.52.10
6.02.40	6.03.00	6.08.00	6.20.00	400 IM	6.20.00	6.18.00	6.17.40	6.16.80

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LC QUALIFYING TIMES

2010 Auckland Winter Championships (25m)
Age as at 22nd July 2010

LC Male					LC Female			
17/O	15/16	13/14	12/U	Event	12/U	13/14	15/16	17/O
26.44	28.05	29.55	32.35	50 Free	33.13	31.35	31.58	31.67
57.29	1.00.28	1.05.47	1.11.52	100 Free	1.11.55	1.07.74	1.06.82	1.08.10
2.23.40	2.26.40	2.27.18	2.35.38	200 Free	2.34.09	2.28.60	2.26.49	2.35.60
5.04.80	5.08.80	5.17.80	5.31.80	400 Free	5.31.80	5.15.89	5.15.01	5.24.20
				800 Free	12.43.60	12.13.60	11.43.60	11.13.60
22.25.50	22.55.50	23.25.50	23.55.50	1500 Free				
36.25	34.35	35.05	38.03	50 Back	37.57	35.65	37.75	37.65
1.18.50	1.18.70	1.16.30	1.23.30	100 Back	1.20.55	1.15.20	1.21.70	1.21.50
2.47.00	2.47.40	2.48.40	2.51.56	200 Back	2.52.84	2.43.30	2.57.00	2.56.60
41.00	41.10	41.60	44.50	50 Breast	44.50	42.70	42.50	42.40
1.28.80	1.29.00	1.30.00	1.37.50	100 Breast	1.35.93	1.32.50	1.32.00	1.31.80
3.08.00	3.10.50	3.11.00	3.27.50	200 Breast	3.27.50	3.18.00	3.17.00	3.16.60
29.18	31.40	33.20	37.58	50 Fly	36.49	34.20	34.68	37.40
1.19.20	1.19.40	1.20.40	1.25.40	100 Fly	1.25.40	1.21.40	1.21.20	1.21.00
3.00.40	3.00.80	3.00.80	3.08.80	200 Fly	3.08.80	3.04.80	3.03.80	3.03.40
				100 IM				
2.50.00	2.42.47	2.39.64	2.59.45	200 IM	2.52.09	2.46.40	2.55.90	2.55.50
6.09.20	6.09.80	6.14.80	6.26.80	400 IM	6.26.80	6.24.80	6.24.20	6.23.60

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MEET CONDITIONS & INFORMATION

Swimming Auckland Championships are conducted under SNZ and ASA Rules and any local Meet conditions listed in this poster and in the programme. Any variation to local conditions will be published on the ASA website no later than 1st July 2010.

ENTRIES:

Closing Date: Closing date **Monday 12th July 2010** at midnight.

LATE ENTRIES WILL ONLY BE ACCEPTED IN ACCORDANCE WITH THE PROVISION OF THIS POSTER AND ASA RULE R2.6.3. The fee for a late entry in accordance with R2.6.4 shall be \$50 per entry. No late entries will be accepted in the Control Room without payment of the correct fee.

Electronic Entries: For Clubs with Team Manager Software, entries to be emailed to info@akswim.co.nz with proof of times report attached. All other entries to be on ASA Entry Form.

Entry Fees: \$9.10 per entry incl. GST. Entries will not be accepted unless accompanied by full payment. One club cheque please, made payable to 'Auckland Swimming Association', with Fee Report attached. Send to: Auckland Swimming Association, PO Box 300 633, Albany.

Entry Times: Age as at 22nd July 2010. Swimmers to contest their own age group.

No converted times – entries to be actual time swum. The fastest three heats will be cyclically (circle) seeded and all heats will be swum fastest to slowest (Short Course times followed by Long Course times), followed by non-qualified entries seeded SC – LC fastest to slowest.

All entry times must be achieved within the qualifying period to enter. Proof of Times Report must be forwarded with electronic entries. Entry times must be listed on SNZ or ASA database.

Non-Qualifying Times: Will only be accepted when the entry is accompanied by a \$25.00 bond. This bond is refundable following the meet if the swimmer achieves the entry time or better during the meet. No NQT's will be accepted for Distance Events (where distance events include 400 Free, 400 IM, 800 Free & 1500 Free). Any NQT's must also have been achieved within the qualifying period and must have accompanying Proof of Times Report.

Qualifying Period: 23rd August 2009 – 25th July 2010

1500m Free: Entries for the 1500m freestyle will be restricted to a maximum of 24. Where required, priority will be given to the fastest 4 qualifiers in each age group band, followed by the fastest qualifiers in any age band based on



short course qualifying times, followed by long course qualifying times.

800m Free:

Entries for the 800m freestyle will be restricted to a maximum of 32. Where required, priority will be given to the fastest 4 qualifiers in each age group band, followed by the fastest qualifiers in any age band based on short course qualifying times, followed by long course qualifying times.

Withdrawals:

NO REFUNDS for Withdrawals.

All withdrawals for Session 1 are to be received at the Auckland Swimming office by midnight Tuesday 20th July 2010. Withdrawals for Sessions 2,3,4,6 & 7 must be into the AOD control room within 15 minutes of the end of the preceding session. Withdrawals from Finals (Sessions 5 & 8) must be made no more than 30 minutes following the posting of the results for the relevant event. Failure to swim a Final without scratching within the required time may result in a fine of up to \$50.00 being imposed at the discretion of the Meet Director.

Protests:

Protests must be lodged in accordance with SNZ Regulation 4.

Starts:

'Over the Top' starts (except Finals Sessions 5 & 8) and the FINA One Start Rule (SW 4.4) will apply.

Results:

These will be placed downstairs on the wall by the entrance and upstairs on the walkway at the back of the dive well. Subject to technical capacity, 'Live Results' will be operating during the course of the championships.

Reseeding:

All heats are scratch seeded. Heats may be reseeded at the Session Referee's discretion.

Marshalling:

For sessions 1, 2, 3, 4, 6, & 7, swimmers are to report to the Marshalling area 6 races before their race. For Finals during Session 2 and for Sessions 5 & 8, marshalling will be informal and swimmers will be expected to be present in the Marshalling Zone two races before their Final. Failure to report in sufficient time may result in swimmers missing their Final, in which case a fine (as detailed above) for failing to swim without scratching may be applied. Finals events will not be delayed to accommodate swimmers who fail to meet the informal marshalling requirements.

Poolside Officials:

Auckland Swimming will endeavour to obtain the necessary number of officials but the number on poolside may be more or less than the requirement set out in SNZ rules. Clubs are to supply: **1 Official per 4 swimmers per session**, unless requested before the meet to provide more.

Pool Deck Passes:

All swimmers, coaches, managers and pool side officials must display an ASA identity card. No access to the poolside area will be permitted without a valid ASA pass.



MEDALS:

Championship:

Championship Medals will be awarded to the top three place getters in the Final of each event where finals are swum. For all other events, Championship Medals will be awarded to the top three place-getters on times swum in the Heats. Championship Medals will be presented in Sessions 2, 5 & 8.

Youth:

Youth Championship Medals will be awarded to the fastest three youth swimmers in either the A or B Finals. In the event of there being insufficient youth swimmers in either A or B Finals, then place will be determined from the fastest youth swimmers in the Heats. For the purposes of this meet, 'Youth' shall be 15 years and under as of 21st July 2010.

Age-Group:

Age-Group Medals will be awarded for all events on a 'Heat Declared Winner' basis in the following age-groups: 12/U, 13/14, 15/16. Two visitors may receive visitor medals if finishing in the top 3 of each event.

All participants must agree to comply with the Sports Anti-Doping Rules

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