
LEVELTWO STANDARDS Level 2 Long Course Meters**Women 11 & Under****Lev2**

100 Free	1:24.00
200 Free	3:03.60
400 Free	6:30.00
800 Free	13:06.00
1500 Free	25:00.00
100 Back	1:38.40
200 Back	3:32.40
100 Breast	1:50.40
200 Breast	4:00.00
100 Fly	1:40.80
200 Fly	3:46.80
200 IM	3:28.80
400 IM	7:36.00

Women 12-12**Lev2**

100 Free	1:21.60
200 Free	3:00.00
400 Free	6:14.00
800 Free	12:35.00
1500 Free	24:14.40
100 Back	1:34.80
200 Back	3:26.00
100 Breast	1:46.20
200 Breast	3:48.00
100 Fly	1:34.00
200 Fly	3:33.60
200 IM	3:22.80
400 IM	7:24.00

Women 13-13**Lev2**

100 Free	1:21.00
200 Free	2:58.80
400 Free	6:12.00
800 Free	12:30.00
1500 Free	23:36.00
100 Back	1:33.60
200 Back	3:24.00
100 Breast	1:45.60
200 Breast	3:46.80
100 Fly	1:33.60
200 Fly	3:32.40
200 IM	3:22.20
400 IM	7:24.00

Women 14-14**Lev2**

100 Free	1:21.00
200 Free	2:58.80
400 Free	6:12.00

LEVELTWO STANDARDS Level 2 Long Course Meters**Women 14-14****Lev2**

800 Free	12:30.00
1500 Free	23:18.00
100 Back	1:33.60
200 Back	3:24.00
100 Breast	1:45.60
200 Breast	3:46.80
100 Fly	1:33.60
200 Fly	3:32.40
200 IM	3:22.20
400 IM	7:24.00

Women 15 & Over**Lev2**

100 Free	1:21.00
200 Free	2:58.80
400 Free	6:12.00
800 Free	12:30.00
1500 Free	23:18.00
100 Back	1:33.60
200 Back	3:24.00
100 Breast	1:45.60
200 Breast	3:46.80
100 Fly	1:33.60
200 Fly	3:32.40
200 IM	3:22.20
400 IM	7:24.00

Men 11 & Under**Lev2**

100 Free	1:24.00
200 Free	3:03.60
400 Free	6:30.00
800 Free	13:06.00
1500 Free	25:00.00
100 Back	1:38.40
200 Back	3:32.40
100 Breast	1:50.40
200 Breast	4:00.00
100 Fly	1:40.80
200 Fly	3:46.80
200 IM	3:28.80
400 IM	7:36.00

Men 12-12**Lev2**

100 Free	1:19.20
200 Free	2:53.40
400 Free	6:03.60
800 Free	12:35.00
1500 Free	24:14.40
100 Back	1:30.84
200 Back	3:13.20

LEVELTWO STANDARDS Level 2 Long Course Meters**Men 12-12****Lev2**

100 Breast	1:43.20
200 Breast	3:39.60
100 Fly	1:32.40
200 Fly	3:28.80
200 IM	3:16.80
400 IM	7:12.00

Men 13-13**Lev2**

100 Free	1:16.20
200 Free	2:46.80
400 Free	5:52.80
800 Free	12:30.00
1500 Free	23:36.00
100 Back	1:30.00
200 Back	3:12.00
100 Breast	1:42.00
200 Breast	3:39.00
100 Fly	1:31.20
200 Fly	3:28.80
200 IM	3:15.60
400 IM	7:06.00

Men 14-14**Lev2**

100 Free	1:15.00
200 Free	2:43.20
400 Free	5:48.00
800 Free	12:30.00
1500 Free	23:18.00
100 Back	1:30.00
200 Back	3:12.00
100 Breast	1:42.00
200 Breast	3:38.40
100 Fly	1:31.20
200 Fly	3:28.80
200 IM	3:15.60
400 IM	7:06.00

Men 15 & Over**Lev2**

100 Free	1:12.20
200 Free	2:43.20
400 Free	5:48.00
800 Free	12:30.00
1500 Free	23:18.00
100 Back	1:30.00
200 Back	3:12.00
100 Breast	1:42.00
200 Breast	3:36.00
100 Fly	1:31.20
200 Fly	3:28.80

LEVELTWO STANDARDS Level 2 Long Course Meters

Men 15 & Over

Lev2

200 IM

3:15.60

400 IM

7:06.00
